

# Understanding Supported Independent Living (SIL)

homewell.com.au

The SIL program helps those with higher support needs find greater independence.

With personalised support, you can improve daily life, and build skills and confidence.

1.

## What is (SIL) and who can access it?

Supported Independent Living (SIL) is for participants with significant support needs, like a carer for most of the day, and those sharing a home with other NDIS participants.

SIL helps participants live more independently with funding for support with everyday tasks like cooking and cleaning, grocery shopping, catching public transport and more. It can also fund skills building for further independence.

The amount of SIL funding will depend on individual support needs, living arrangements, and the other supports funded in your plan.

2.

## Applying for SIL

To get SIL funding in your NDIS plan, you'll need to talk to your support coordinator/NDIS planner about the help you need to live in your own home.

You'll need to have referrals from health professionals and current carers or support workers with you – clearly outlining your specific situation and needs. If necessary, an OT will assess your living arrangements and recommend any necessary modifications or supports.

You may also be asked to submit a roster of care, which documents what supports you may need each week.

Once your planner documents your support needs, they'll help you submit your application.

Continue



**3.**

### Approval process

Your application will be reviewed by the NDIA, which can take several months. If approved for SIL funding, you will then work with your support coordinator to find your SIL provider.

**4.**

### Getting service moving

With full agreement in place between NDIA and your provider, the NDIA will include SIL funding in your plan and you can start getting your services.

## Community Support with SIL

Our NDIS experts help shape plan and support you to get the SIL funding and SIL services you need. Our highly individualised approach to independent living services ensures you'll get the most out of your funding and each day.

Some of the supported independent living services we offer include:

### Everyday living

- Everyday tasks, like cooking, cleaning & grocery shopping
- Personal care such as showering, dressing and getting ready each day
- Assistance taking medications
- Travelling to appointments & activities or learning to use public transport
- Maintaining health and fitness
- Working with you to achieve your goals and develop your life skills
- Starting a new hobby or connecting with friends, clubs and in the community

### Complex support

- Complex Bowel care
- Enteral Feeding and management
- Dysphagia Management
- Ventilator Management
- Tracheostomy Management
- Urinary catheter Management
- Diabetes Management Support
- Epilepsy Support
- Complex Wound Care
- Medication Management
- Palliative Care
- Chronic Disease Management

If you or a loved one are looking to live more independently, contact us and we'll work together to find the right fit.

→ Why not speak to our friendly Home Care experts today

03 9374 2100  
[info@homewell.com.au](mailto:info@homewell.com.au)  
[homewell.com.au](https://www.homewell.com.au)